



## **DPL Match Day Checklist for Referees**

- Introduction to Certified Athletic Trainer on-site
- DPL Field Standards Met - check off on match card
- Check-in ALL players and staff for the match. *(No player write in's permitted)*
- DPL Game Lengths by Age Group
  - U13 two (2) 40-minute halves with a 10-minute halftime
  - U14 two (2) 40-minute halves with a 10-minute halftime
  - U15 two (2) 40-minute halves with a 10-minute halftime
  - U16 two (2) 45-minute halves with a 15-minute halftime
  - U17 two (2) 45-minute halves with a 15-minute halftime
  - U19 two (2) 45-minute halves with a 15-minute halftime
- DPL Substitution Rules: Each team may have a maximum of 7 substitutes.
  - Teams can use a maximum of (5) moments per game for subs, with halftime NOT Classed as a moment.
    - Players can re-enter the game after being substituted at any time.
    - Substitutions are allowed at any stoppage.
- 3 Match balls provided by the home team
- The DPL Substitution Sheet MUST be used during all matches

### **DPL Rules & Frameworks**

